

**Summit County Library**  
**Seasonal Affective Disorder (S.A.D) Lamp Lending Policy and Procedures**  
**1.01.2021**

- One Lamp is available at each branch of the Summit County Library system.
- S.A.D Lamps are loaned on a first come, first served basis and may not be reserved.
- S.A.D Lamps are for in-library use only. No outdoor or home use is permitted.
- You must have a Summit County Public Library card with no fines on your account to borrow a S.A.D Lamp.
- You must read, understand, and sign the Summit County Library S.A.D Lamp Use Lending Guidelines and Agreement to check out a S.A.D Lamp.
- Patrons under the age of 18 may use their Youth Card to checkout a S.A.D Lamp provided the Guardian has an agreement on file granting that child permission.
- Library staff reserves the right to change these guidelines at any time and/or revoke S.A.D Lamp use as needed.

### **Loan Periods and Use Procedures**

- Patrons can borrow S.A.D Lamps for **in-library use only**.
- Patrons can borrow S.A.D Lamps for up to 30 minutes at a time. Failure to return S.A.D Lamp on time will result in the suspension of S.A.D Lamp borrowing privileges.
- S.A.D Lamps may not be loaned to anyone but the card holder. Patrons may not use a friend or family member's card to borrow a S.A.D Lamp.
- Patrons must return S.A.D Lamps to a staff member directly. Patrons may not drop S.A.D. Lamps in the book drop and Lamps may not be left on a counter.
- Patrons must return S.A.D Lamps to the Circulation Desk at least 15 minutes prior to the library closing.
- Patrons may not borrow S.A.D Lamps 15 minutes prior to the library closing.
- S.A.D Lamp instructions will be provided by staff.

### **Disclaimer**

- Per the Mayo Clinic, light boxes are designed to be safe and effective, but they are not approved or regulated by the Food and Drug Administration (FDA).  
<https://www.mayoclinic.org/diseases-conditions/seasonal-affective-disorder/in-depth/seasonal-affective-disorder-treatment/art-20048298>
- Talk to your healthcare provider about the risks and benefits of light therapy before using a S.A.D Lamp. The library does not require a prescription in order to borrow a S.A.D. Lamp.
- Certain medications (e.g. anti-depressants) and diagnosed mental health conditions may induce light sensitivity, which may result in discomfort, hyperactivity, or hypomania.
- If you have pre-existing eye condition or are risk for developing Age Related Macular Degeneration or other eye conditions consult with your healthcare provider before using this project.
- Keep the light therapy box at a distance of 16-24 inches away from your face and don't look directly into the light.

### **Summit County Library S.A.D Lamp Use Agreement**

- I have read, understand, and agree to be bound by these Policies and Procedures and to the following requirements:
- To present my own Summit County Public Library card in good standing and a photo ID to check out a S.A.D Lamp.
- To keep the S.A.D Lamp in my immediate possession at all times while checked out to me. If the S.A.D Lamp is lost or stolen while checked out to me, I understand that I am responsible for the replacement cost at the time of the loss. Current replacement cost for the S.A.D Lamp is \$75.
- To return the S.A.D Lamp to a staff member (not in any box, book drop, or left on a counter) by the time it is due. I understand that a library staff member will inspect the S.A.D Lamp and make sure it is in the same condition as when I borrowed it.
- Failure to return items on time or at least 15 minutes before the library closes may result in revocation of borrowing privileges or the cost to replace the Lamp.
- To only use the S.A.D Lamp inside the Library. If I remove the S.A.D Lamp from the library, I understand that such action will be considered theft and I will be charged the cost to replace the S.A.D Lamp, and the police will be notified.
- To bring any damages to the attention of the staff person checking it out to me. I will return it in the same condition as it was when I borrowed it. I will pay the Summit County Public Library the cost to repair any damage that occurs to the S.A.D Lamp while it is checked out to me.
- I will keep all food and drink away from the S.A.D Lamp.
- If I experience discomfort, I will stop using the lamp and consult my medical provider.
- I agree to release, waive, discharge, and covenant not to sue the Summit County Library or Summit County Government for any injuries or any damages sustained by Borrower. I further agree to assume all risks associated with Borrower's use of this Lamp. I agree to indemnify, defend and hold harmless Summit County Library and Summit County Government, both collectively and individually, in addition to its respective agents, elected officials, officers, directors, owners, contractors, volunteers, and other employees (collectively the "Released Parties"), from any and all liability actions, causes of action, debts, claims and demands of every kind and nature whatsoever which may arise during the course or as a result of Borrower's use of this Seasonal Affective Disorder Lamp.

The following minor(s) can present their Youth Card to checkout a S.A.D Lamp when I am not present and I agree to be responsible for any damage or loss that occurs during that loan: \_\_\_\_\_

Name: \_\_\_\_\_ (print full name)

Signature: \_\_\_\_\_ Date \_\_\_\_\_

Library Card #: \_\_\_\_\_ Driver's License #: \_\_\_\_\_ State \_\_\_\_\_